



Show your support for Brecon Mountain Rescue

Enter a team of up to four people
and help raise much needed funds.

Saturday 19th May 2012 Canal 200 Cycle Ride

Local businesses organising the cycle ride hope the event will see 200 cyclists wheeling along the historic waterway using their pedal power to raise funds for Brecon Mountain Rescue Team, a registered charity serving Mid & South Wales.

Join the ride from one of three start points.

14 Locks Centre Newport, 10am-11:30am Raise sponsorship of £25pp

Church Road Gilwern, 12pm-1pm Raise sponsorship of £25pp

Cyclists riding from these locations will receive a Bun, Beer and Banana at The Coach & Horses, Llangynidr, plus a BBQ at Brecon Canal basin

Henderson Hall Talybont-on-Usk, 2pm-3pm

A family cycle – raise sponsorship of £10pp

Ends at Brecon Canal Basin with a free BBQ

This event is part of the Monmouthshire & Brecon Canal's 200th anniversary which is one of the longest and most beautiful cycle routes in the Brecon Beacons National Park.

There will be spot prizes for cyclists including two Macpac hydration back packs and a Macpac backpack courtesy of Green Dragon Activities.

For entry and sponsorship forms go to:

www.greendragonactivities.co.uk

or call 01591 610508

